

## The healthy homes standards checklist

All rental homes must meet the healthy homes standards. Use this checklist as a guide. It can help you see if you need to do some work to comply.

### Is your rental up to scratch?

For compliance date information, visit [tenancy.govt.nz/healthy-homes](https://tenancy.govt.nz/healthy-homes)

In the checklist, you'll answer questions about each of the standards:



**Heating**



**Insulation**



**Ventilation**



**Moisture ingress  
& drainage**



**Draught stopping**





# Heating

To meet the healthy homes heating standard, your rental will need one or more fixed heater/s that can directly heat the main living room. The heater must be an acceptable type, and must meet the minimum heating capacity required for your living room.

	Room to improve	You're on track
<b>Does the 'main living room' have a heater in it?</b> If you have a rental property with more than one living room, the largest living room will need to have a heating device that meets the healthy homes standards. A 'living room' includes any connecting spaces that cannot be closed off from the room e.g., open plan kitchen or dining room, hallway or staircase.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the heating source fixed?</b> Unfortunately, plugging in any spare heater won't do the trick. A fixed heater can be a heat pump, wood burner, pellet burner, flued gas heater or in some situations, an electric heater with a thermostat. Each heater must be located in the living room or provide heat directly to the living room e.g., through a duct or vent. Note, some properties (mainly in Rotorua) can meet the heating standard by using geothermal heating in certain situations.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the heater at least 1.5kW capacity?</b> Heat capacity means the amount of heat one heater can provide. 1.5kW is the minimum heating capacity required. Check your heater's label to find out the capacity, or look up the heater model online.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Does the heater have the correct capacity to heat the space?</b> The size of heater needed depends on the features of the home and the amount of heat that will be lost from the living room. We recommend you use our <a href="#">online tool</a> to calculate the required capacity of your heater in kilowatts(kW). Alternatively, certain qualified specialists are able to assess the required heating capacity using criteria set out in the regulations.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the heater an acceptable type?</b> An open fire or unflued combustion heater (e.g. LPG bottle heater) will not make the grade. If you need a heating capacity of 2.4kW or more, you can't use an electric heater (unless it's a heat pump).	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>If you have a heat pump or an electric heater, does it have a thermostat?</b> You will need one of these on your heater to make the heating more consistent and help tenants use it efficiently.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Was your heater installed before 1 July 2019 and have more than 2.4kW capacity?</b> If you answered yes, you may be in luck. If your heater already meets the requirements for heaters in the healthy homes standards and its heating capacity is 80% of what you need, you won't need to make any changes.	No <input type="checkbox"/>	Yes <input type="checkbox"/>

## Topping up

<b>If you already have an existing heater – does it meet the required heating capacity?</b> You can add additional heating to 'top up' and reach the correct capacity if: <ul style="list-style-type: none"><li>&gt; the existing heater was installed before 1 July 2019</li><li>&gt; the existing heater meets the requirements for heaters in the healthy homes standards</li><li>&gt; you need a heating capacity of 2.4kW or more, and</li><li>&gt; the 'top up' you need is 2.4kW or less.</li></ul> Remember, if you're using more than one heater to warm the space, you can add each heater's output together to check it meets the standard.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
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Find out more about the heating standard at [tenancy.govt.nz/healthy-homes/heating-standard](https://tenancy.govt.nz/healthy-homes/heating-standard)



# Insulation

A well-insulated property can help reduce the chances of mould and other nasties taking hold. It'll also make it easier for a house to retain heat – a dry house is a warmer home.

	Room to improve	You're on track
<b>Does your rental have insulation in the ceiling?</b> You should be able to check this by just poking your head into the ceiling space. Insulation is usually made out of product like polyester, wool or fibreglass. If you can't get into the ceiling to check because it's either impracticable or unsafe, check out the information on the Tenancy Services website: <a href="https://tenancy.govt.nz/healthy-homes/insulation-standard">tenancy.govt.nz/healthy-homes/insulation-standard</a>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>If you have space under your floor – is it insulated?</b> If it is either impracticable or unsafe to access under the floor, check out the information on the Tenancy Services website: <a href="https://tenancy.govt.nz/healthy-homes/insulation-standard">tenancy.govt.nz/healthy-homes/insulation-standard</a>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the existing insulation in a reasonable condition?</b> Reasonable condition means there should be no signs of dampness, mould, water damage, rips, tears, gaps in the insulation coverage, vermin or bird nests. If it looks like the insulation has compacted or degraded, it will probably need replacing.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Was your ceiling insulation installed before 1 July 2016?</b> Answered yes? As long as it's thicker than 120mm, and in reasonable condition, your ceiling insulation is likely up to standard.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Was your insulation installed after 1 July 2016?</b> Answered yes? Your insulation needs to meet the minimum R-values for your zone. Not sure what this means? Learn about R-values below.	No <input type="checkbox"/>	Yes <input type="checkbox"/>

## Get in the zone

### Do you know your R-values?

The R-value will tell you how well your insulation can resist heat flow. 'R' stands for thermal resistance. Basically, the higher the R-value, the better the insulation. You will need to know the required minimum R-value for the zone your property is in. There are three zones across New Zealand.

- **Zone 1** ceiling R 2.9, underfloor R 1.3
- **Zone 2** ceiling R 2.9, underfloor R 1.3
- **Zone 3** ceiling R 3.3, underfloor R 1.3



No  Yes

### Does the insulation product meet the minimum R-value for your zone?

The R-value of new insulation is on the product packaging. For existing insulation, check in the ceiling or underfloor space as the R-value from the packaging may be stapled to a beam – or talk to an experienced professional.

No  Yes



Find out more about the heating standard at [tenancy.govt.nz/healthy-homes/insulation-standard](https://tenancy.govt.nz/healthy-homes/insulation-standard)



# Ventilation

The ventilation standard is all about recognising that dry air is easier to heat – and a well-ventilated rental is less likely to lead to property damage.

## Open it up

	Room to improve	You're on track
<b>Do all 'liveable' rooms have an openable window, door or skylight?</b> Bedrooms, living rooms, dining rooms, and kitchens are considered 'liveable' rooms. So don't worry about the hallway. Windows, doors and skylights should open to the outdoors and allow a healthy flow of air in and out of the property. In each room, the size of the openable windows, doors and skylights together must be at least 5% of the floor area of that room.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Can the windows, doors or skylights stay fixed in an open position?</b> Just propping the window open is not an option. It needs to be able to be fixed and stay in an open position.	No <input type="checkbox"/>	Yes <input type="checkbox"/>

## Extract what?

<b>Does the kitchen have an extractor fan or rangehood?</b> Any room with an indoor cooktop is considered a kitchen.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the kitchen fan vented to the outside?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Was the kitchen fan installed after 1 July 2019?</b> If so, the fan must have a minimum diameter of 150mm, or have an exhaust capacity of at least 50 litres per second.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Does the bathroom have an extractor fan?</b> Any room with a bath or shower is considered a bathroom.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the bathroom fan vented to the outside?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Was the bathroom fan installed after 1 July 2019?</b> If so, the fan must have a minimum diameter of 120mm (including ducting), or have an exhaust capacity of at least 25 litres per second.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Are all of the fans in good working order?</b> They are in 'good working order' if they are able to ventilate extracted air effectively to the outdoors.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Alternatively, does the rental property have a continuous mechanical ventilation system that vents to the outdoors?</b> From May 2022 the ventilation standard allows certain continuous mechanical ventilation systems to satisfy the standard. Use the ventilation standard link below for more information.	No <input type="checkbox"/>	Yes <input type="checkbox"/>



Find out more about the heating standard at [tenancy.govt.nz/healthy-homes/ventilation-standard](https://tenancy.govt.nz/healthy-homes/ventilation-standard)



# Moisture ingress & drainage

When it comes to moisture and damp, it's often what you don't see that can be the culprit. Making sure the water has a place to go, and that it can't linger is an essential part of keeping your property dry.

## Deny the damp

### Does the property have an enclosed space under the floor (subfloor)?

The subfloor is the bit under the house between the floor and the ground. It's considered enclosed if the airflow in and out is significantly obstructed more than 50% – by things like foundations, cement board cladding or earth. However, perimeter claddings such as baseboards with multiple continuous gaps of more than 20mm width or trellis do not significantly obstruct airflow.

	Room to improve	You're on track
<b>If your property has an enclosed space under the floor, does it have a 'polythene ground moisture barrier' installed or an existing acceptable alternative ground moisture barrier?</b> A polythene ground moisture barrier sounds more technical than it is. It's just there to block the moisture in the ground from rising into the property. If you have no existing ground moisture barrier and it is not reasonably practicable to install a polythene ground moisture barrier then you meet the standard until such time you can install a polythene ground moisture barrier.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is the ground moisture barrier undamaged and secured?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>

## Let it drain away

<b>Are there gutters that drain water away from all parts of the roof?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Do they connect to a downpipe (directly or via a connection)?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Are the gutters and downpipes large enough to not overflow?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Do the gutters stay clear of sitting water after it has rained?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Are the existing gutters and downpipes intact and securely fixed?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Are all gutters and downpipes clear of blockages?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Do all downpipes direct water to an appropriate outfall?</b> An outfall is the discharge point of a waste stream — like a soak hole, channel or stormwater drains. These are generally provided by your local council. It may also be a soakage system, natural watercourse or water storage system.	No <input type="checkbox"/>	Yes <input type="checkbox"/>
<b>Is all surface and ground water directed to an appropriate outfall?</b>	No <input type="checkbox"/>	Yes <input type="checkbox"/>



Find out more about the moisture ingress and drainage standard at [tenancy.govt.nz/healthy-homes/moisture-and-drainage-standard](https://tenancy.govt.nz/healthy-homes/moisture-and-drainage-standard)



# Draught stopping

A draught free home costs less to heat and will keep your tenants warm and happy. Become a draught detective and keep the breeze outside. As a rule of thumb, gaps or holes with a width greater than 3mm that let air into or out of the home will usually require blocking. This means that if the edge of a New Zealand \$2 dollar coin can fit in the gap, then the gap needs to be sealed.

	You're on track	Room to improve
Can you feel a noticeable draught from an 'unreasonable' gap or hole in a wall, ceiling, window, skylight, floor or door?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there gaps where the wall and ceiling or wall and floor join?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there any holes in walls or ceilings or around ceiling hatches?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there draughts coming through doors, windows or floorboards?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there large gaps between the bottom of the door and the floor?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there broken or loose hinges, catches or latches that prevent doors or windows from closing tightly?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
Are there any gaps around electrical and plumbing passages or unused ventilation devices?	No <input type="checkbox"/>	Yes <input type="checkbox"/>
If there is an open fireplace that isn't in use, is it open? <small>The fireplace will need to be blocked off, unless the tenant requests in writing that it be left open.</small>	No <input type="checkbox"/>	Yes <input type="checkbox"/>



Find out more about the draught stopping standard at [tenancy.govt.nz/healthy-homes/draught](https://tenancy.govt.nz/healthy-homes/draught)

## What next?

- › If you're seeing lots of ticks in the 'You're on track' column, you're probably on the right track.
- › If there's lots of ticks in the 'Room to improve' column, you've got some work to do. If there were any questions you couldn't answer you may need to do some more research or ask a professional.



Check out the full details of the healthy homes standards and exemptions at: [tenancy.govt.nz/healthy-homes](https://tenancy.govt.nz/healthy-homes)