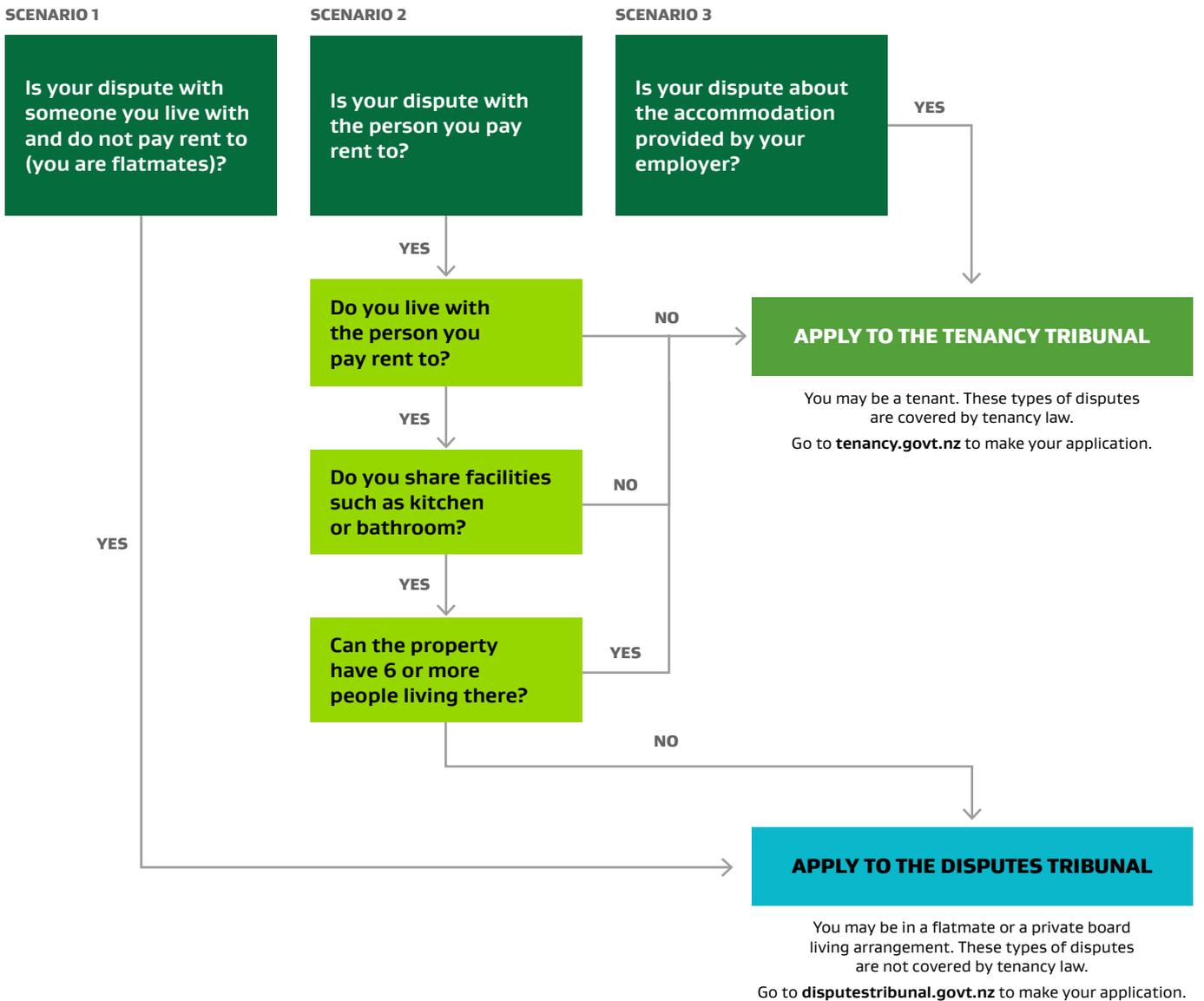




# Options to resolve disputes in your tenancy or living arrangement

If you're having a dispute with someone you live with or rent from, and need our help to resolve it, there are a few options available. This guide will help you figure out where to go for help - the Tenancy Tribunal or the Disputes Tribunal.

Some living arrangements can be complex and may need input from both tribunals. This guide will help you figure out which one to apply to first.



Visit [tenancy.govt.nz/disputes](https://tenancy.govt.nz/disputes) for more information

Tenancy law is governed by the Residential Tenancies Act 1986. It sets out the rights and responsibilities of both landlords and tenants in residential tenancy agreements.